

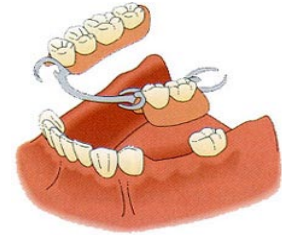
DENTURES

If you want to replace a missing tooth or teeth you can have a denture fitted. Fitting of the final denture might take place immediately after the extraction or a couple of weeks later depending on the case. During the healing period a plastic "temporary" denture is made.

As the healing tissues shrink, the temporary denture will start to become loose and may need adjustment. After the healing period when the tissues are stable, your dentist will be able to start making the permanent denture.

What are partial dentures?

A partial denture can be used to replace one or more missing teeth. This type of denture must be removed for cleaning and should be taken out at night. There are a variety of types, but they usually include a metal and/or plastic base that carries plastic artificial teeth. Metal clips are usually used to keep the denture in position. Where possible, these are hidden so that they cannot be seen while smiling and talking.



Removable Partial Denture

What are full dentures?



Full dentures are needed when there are no teeth left in the upper or lower jaw. Full dentures must be removed for cleaning and should be taken out at night. They are usually made of a plastic base that carries plastic teeth.

Full upper dentures cover the palate of the mouth. A very thin layer of saliva between the roof of the mouth and the denture creates suction, which keeps it firmly in position. Because upper dentures cover the palate it may affect how people sense temperature and taste of food.

Full lower dentures can be more difficult to keep in place. This is partly because the floor of the mouth is very muscular, and may push the denture out of place. However, over time the tongue muscles tend to get used to the shape of the denture and adapt to keep it in place.

Can I have dentures with implants?

Usually 4 implants are fitted to help support or retain a denture. For more information, please see our implant information sheet or consult with [Prudent Hungary](#).



How are dentures made?

When constructing dentures the dentist will take impressions of the mouth, record the relation of the upper and lower jaws (the bite), check this in conjunction with the patient and provide and insert the dentures.

Is it difficult to get used to dentures?

It is very important to have realistic expectations of dentures. They should help you eat, speak and smile confidently, but even the best dentures won't feel the same as natural teeth. After having new dentures fitted, it's normal to produce more saliva than usual for a few hours, and for your mouth to feel a bit irritated for a few days.

During the first days and weeks, your tongue and cheek muscles will adapt to the new dentures. At first, some words may be difficult to pronounce. Reading out loud and practicing tricky words can help. It takes a while to get used to eating with new dentures, so it's best to start with soft food. Chewing slowly, using both sides of the mouth at once, will help to keep the denture in place. The older you are, the longer it can take to get used to new dentures, especially if you haven't worn false teeth before.

DENTURES

How do I clean my dentures?

Like natural teeth, dentures must be kept as clean as possible. They should be cleaned twice a day, and rinsed after eating. Any remaining natural teeth should be brushed twice daily. Take the dentures out and clean them over a folded towel or basin of water – they are fragile and likely to break if dropped. Use a soft tooth brush and tooth paste to remove any food that has stuck to the dentures. When you aren't wearing your dentures, keep them in a container so that they don't get broken. At night, put them in clean water or a denture-soaking solution. Ask your dentist to recommend a solution that is suitable for your design of dentures. Never soak them in bleach or boiling water.

How often do dentures need to be replaced?

Worn, ill-fitting dentures can cause irritation and discomfort. Ideally, dentures should be replaced once in a while before problems arise. People with full dentures still need to see the dentist regularly.

What alternatives are there to dentures?

An alternative treatment for toothless patients is dental implantation. For patients who still have natural teeth remaining, other forms of treatment might include implants or bridges or both.



PruDent Hungary provides 3-year-guarantee on dentures.